

I am thankful for...

I am thankful for food and water. I eat and drink everyday. I eat three meals a day. I drink water a lot during the day.

I eat three meals a day breakfast, lunch, and dinner. Food you need to get energy. You need food to be healthy. You also need food to live. There are many different kind of food fish, meat, fruit, veggies, and snakes. Food is very important and I am thankful for it.

I am also thankful for water. You can only survive without water 3 days. People drink 8 glasses of water a day. Every drink we drink there is water inside. Without water humans would go excised.

I am thankful for food and water, To help us be healthy and live. Without it humans wouldn't live. It is one of the most important things to live.