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We often take things for granted. We don't appreciate our friends, food, having love from our family, and having laughter and a home. We forget how lucky we are to have these things.

I love having friends. Having friends is a blessing .Friends by chance, sisters by choice. My best friend is Katarina in the 5th grade. Without her I would've never know the meaning of friendship. The meaning of having friends and friendship is a combination of loyalty, affection, respect, love and trust. It is the trust that someone will not hurt you. She is always there for me, as well as all my other friends. Not having friends is something I can't imagine. This is why I love and am thankful for my friends.

I am thankful for having food, whether it is breakfast, brunch, lunch, dinner, or a late night snack. I am thankful for never going to bed hungry. For example; two thirds of Africans don't have enough food and many have died. More than 16 million people live on less than \$2 a day . Food gives you energy, and wisdom to make you smart and grow. Without it, we would die. This is why I am thankful for food.

I am thankful to have love from our friends and family. It is one of the most important things in the world. Love makes me feel warm and brings out joy whether I'm happy, mad, or sad. It always makes me feel positive and good inside. It helps me get through tough times. This is why I'm thankful for having love from my friends and family.

I am thankful to have laughter . I love to laugh. My heart overflows with joy and positive energy. I am thankful that even in the saddest of days, laughter makes me smile. Laughter is something that makes you feel better. IIt brings a lot of happy and funny memories. That is why I am thankful for laughter.

I am thankful to have a home. Having a home and having shelter is something totally different. A shelter is a place giving temporary protection. A home is a place where you are loved by your family, where you feel cozy, where you are going to be living forever. I feel so bad for the people on the street because they can't come home to a lovely meal made by their loved

ones, or just love from your family. They don't even have shelter. We are so lucky that we get all these things at home. That is why I am thankful for my home.

In all, being loved by your family and friends, having a warm home, having laughter, having food, and having friends is what is most important to me and what I am thankful for. I thank God for everything in my life and all the people around me. That is what I am thankful for.