A couple of things that im thankful for are my parents, my friends. Im grateful for friends because they offer a source of support, happiness, and belonging that improves your overall well-being. They accept me for who I am, provide a listening ear, share in my joys, and are there for me during difficult times. Im very thankful for my friend lyanna because even though we are not in the same class, she helps me understand the homework and classwork, and if it wasn't for her, I probably would be failing right now. Another thing that im thankful for is my parents, their unconditional support and guidance, which provides a foundation for my resilience and helps me pursue my dreams. They also instill important values like honesty, hard work, and perseverance that shape your character and guide you through life. Additionally, their sacrifices and efforts to provide for your needs, both material and emotional, are a significant source of gratitude. I am very thankful for the things that were given to me.