Senator

Andrea Stewart-Cousins Thanksgiving Day Student Showcase What are you thankful for?

Farah Aldaqqaq School 16 (8-1)

What am I thankful for? Thanksgiving is the perfect time to reflect on the year I've had. It is a time to reflect on all the challenges that I went through, and the blessings that helped me go through them. I am thankful not only for the good things and happy occasions in my life, I am also thankful for the strength to overcome obstacles and learn from them.

To begin with, I am thankful to be blessed with my presence in this world as it is, with an able body, and a sound mind. I am thankful for being able to move around, be active, do the things I love and help people around me. I am also thankful to be blessed with a mind that can think, contemplate and wonder. Moreover, I am thankful for having a heart that can love and build connections with the people around me.

Another thing I am thankful for is that I have so many loving and supportive people in my life. I am thankful for my family, my friends and my teachers and staff in school. It is very empowering to know that there are people cheering me on, all day every day. I am thankful

that I was able to make new friends and build new relationships that have become very important to me.

At the end, this year has had its ups and downs, I am thankful for the accomplishments, happy moments and celebrations. I am also thankful for the hardships and the lessons I've learned from them because they have helped me build my character and become a stronger person.

Thanksgiving is a time to spend with our loved ones and focuses on building a positive attitude towards our lives. Thankfulness comes from believing that life is never perfect or easy, but that every day I can get out of bed and live my life to the fullest is a blessing.