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October 30, 2025

Our Lady of Good Counsel

Grade 5

Give Thanks

The writer named Douglas Wood once said: "The heart that gives thanks is a happy heart, for we cannot feel thankful and unhappy at the same time." This quote means that when I say thanks, I feel happy. Being thankful is very important to me because I have so much good in my life. I really appreciate everything I have. I am thankful for my family, my friends, my education, and my teammates.

My family is so supportive and loving, and I am grateful for that. The people in my family always take good care of me and put my needs first. My mom and dad make sure I have everything I need to feel loved, safe, and noticed. They listen to me and think my ideas and thoughts are important. Both of my parent's work, but they always find time to spend with me and my brother. We go on fun trips, like going to the Liberty Science Center or even far away like Disney World. I am very thankful for the good time I get to spend with my family.

I am also thankful for my friends. My friends are important because they make me feel included and cheerful. They also help me when I am feeling sad. My best friend, Brandon, always cheers me up when I get upset about something, like getting a bad grade on a test. Without my friends, I would feel lonely. I am so thankful for them!

OLCG and my soccer team are other important things in my life. I am thankful to be part of a school community that is supportive, kind, and dedicated to helping me learn. My principal and teachers make me feel safe and comfortable. This helps me focus and learn every day. I really enjoy STEM and sign language class. I am also very thankful for my soccer team and drama club. My teammates and Coach Dayna are always there to teach me new things and encourage me to try my best. I am very thankful for all their support.

There is so much in my life to be thankful for. I hope everyone can find something to be thankful for, too. Whenever I am in a bad mood or feeling sad, I will think about Mr. Wood's quote. When you are busy being thankful, you really don't have time to feel unhappy!