



What does it mean to be thankful?

By Hunter Scannapieco

To be thankful is to be grateful and happy with what you have. Four things I am grateful for are my family, friends, school, and sports. When I look at my life I have a grateful heart.

I am thankful for my family because of all they do for me. They hang out with me, play sports with me, and make me smile. They make me feel calm and content. My family is special to me because they care for me every single day, even if that means just throwing a ball with me.

My friends are special to me because they are always playing with me. Some things we do with each other are playing video games, playing sports, and other times we just talk. One time, my friends helped me feel supported when I was nervous to play soccer but my friends encouraged me to play. Now I am thankful to say I am part of the soccer team. I am grateful for my friends for being with me.

I am thankful for my school because it helps me gain knowledge of things that I can use in the future. I am thankful for sports because they let me have fun with friends and give me a good, active hobby to have. One example of how school helps me is having basic math skills which help me calculate the value of things that I need or want. One example of how sports make me happy is when we win a game we all celebrate and have a good time.

One last lesson I've learned is being thankful isn't just being grateful for the things you have but also the people that are in your life. Finally, I am thankful that I live in a country that provides me the freedom to access sports and a great school.