

Mathieu Rosales  
Evergreen Charter School  
Nov 17,2025

## **Gratitude Writing essay**

This year has been very crazy with many things happening in my life both bad and good but I'm here to tell you what I'm thankful for and whom I'm thankful for this year that helped me overcome the bad and made my year better. The things I'm grateful for are food, my phone, music, and my cat. The people I'm thankful for are my mom, my dad, my nephew, my cousins. These are all the things and people I'm thankful for this year and that made my year better. In the following paragraphs I will explain why I'm thankful for these things and people.

This year there were many things that I'm thankful for but the most special things were food,my phone,music, and my cat. Let's start off with my cat. I'm thankful for my cat because I love him and he's always there for me and I like playing with him and chasing him and petting him. An example is when I was eating and he tried to grab my food so I started chasing him and he started biting me and I started petting him. The next thing I'm thankful for is food. I'm thankful for food because without food we would survive and with food we get strength and we get a good and bad taste. The next thing is my phone. I'm thankful for my phone because with my phone I can get entertainment and see what's new in the world and I can communicate with people if I haven't seen them in a long time. An example is when I communicate with my family through the phone that dont live near me and also im caught up in the world. Another thing I'm thankful for is music because it helps me concentrate and do my work faster and better and relaxes me when I'm stressed out. These are all the things I'm thankful for this year and why.

The people I'm thankful for this year are my mom, my dad, my nephew, and my cousin. First I'm thankful for my mom because she loves me and supports me whenever and she makes me laugh with funny jokes we both make. An example is when we always talk at night about things that happen during the day and sometimes make jokes about it and we start laughing and she supports me when I look down or sad. Another person I'm thankful for is my dad because he buys me food when I'm hungry and gives me money for stuff I need and supports me in soccer. An example is when I had a bad game of soccer but he still supported me and told me to try better and that I needed to practice and he bought me food still after. The next person I'm thankful for is my nephew because we always play together and do everything together and we have fun and laugh together and make jokes about each other. Another person I'm thankful for is my cousin because we did basically everything together and we go to church together and I have so many memories with him and they are all fun. These are the people I'm thankful for this year and why.

This year I've been thankful for many things and people. They all helped me this year and made the year good and fun. All the actions of the people and things I'm thankful for helped me because it helps me stay happy and love the things I have and I should be thankful for everything even the bad.