Nathalie Galo Grade 7

## Ms. Ruiz Gratitude essay

In this year many things have happened, some of them are good and some of them are not. But here we are going to remember the good ones. For example, what am I thankful for? I am thankful for my family because they are the best thing I've ever had and they help me be a better person in life.

One important memory that illustrates its importance is the moment I saw my mom and my sister again after five years because it makes me remember all the time I was without her, and now I'm here with her and my family, and if you wonder "When did this happen?" well this happened on february eighth on two thousand twenty one. For me that was one of the happiest moments in my life because I felt like that moment would never come, but now I'm really happy with my family.

This moment matters to me because I was seeing my mom again after a long time. This memory made me feel happy. Something that this memory taught me was that everything you wish can become true.

These effects help me learn to be more patient in life and more happy. Before I used to not do too much effort but now I try my best and do everything I can.

This change affects me in some ways because now I feel more tired and makes me try to be focused on everything. This end of the year may happen many things but we are always going to carry the good stuff in us no matter what. Just like me I will keep this forward and never forge it. I've learned that nothing can change you and that dreams can be true if you work hard to keep it.