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Grade 5

Thankful Essay

What does it mean to be thankful? To be thankful means that you are grateful for the things you have, and you have appreciation, and gratitude towards it. I am happy that Thanksgiving offers an opportunity to exercise intentional gratefulness each year. And this Thanksgiving, there are four things I am thankful for, and they are my family, my friends, school, and sports.

I'm thankful for my family because they are my safe space where I can be myself and always be loved. My family provides for my needs by making me food, giving me a house to live in, and teaching me many things I don't know. My siblings always make me laugh and smile wherever we are. My parents always help me with homework and studying when I don't get something. I can always ask for a helping hand in anything. I am very thankful for them and all the memories we create.

I am thankful for my friends because we share common interests like doing our nails, baking, and dancing. During school recess, lunch, or at any afterschool activities, we have fun and laugh together by joking around and playing. If I don't have a snack, I could always ask them and they never hesitate to give me one. I am grateful for my friends because I can talk to them, share stories, do homework, and grow together.

I am thankful for school and sports, especially for my teachers and coaches for their patience and dedication in helping me learn new things. Sports help me learn about teamwork, have fun with physical exercise, get better at taekwondo and make new friends. School helps me become a well rounded person, challenges me to think and problem solve. I am grateful that both of these provide me with a place to enhance my social skills.

I am truly thankful for my family, friends, school, and sports. While writing this essay, I have realized that I am very blessed to have people around me who love and help me and I have many things to be thankful for. It is important to be grateful because now, I feel joyful. I think it is important to tell them that I am grateful for them so that they will also find joy, which is the essence of Thanksgiving.